The “Sus Vidas son Nuestras Vidas” campaign comes from the need to uphold the legitimate existence of the Lenca and Garifuna indigenous peoples in Honduras organized within the Civic Council of Popular and Indigenous Communities of Honduras (COPINH) and the Black Fraternal Organization of Honduras (OFRANEH), assert the value of their political proposals, and build a community of collective support and accompaniment in response to the increasing historical violence and vulnerability that they have faced that is now exacerbated by the COVID-19 health crisis.

In addition to the work that both organizations undertake in defense of development models that respect human rights and the environment, they are currently taking on an important task of preventing the spread of COVID-19 and providing a humanitarian response to the grave food and health crisis made worse by the pandemic. Faced with a State response that is absent or deficient, these organizations are providing the only guarantee to the right to life, health, and food for the Lenca and Garifuna communities in the territory of Honduras.

This is why we would like to disseminate a series of short videos through which we denounce the State of Honduras for its historical complicity in the attacks against OFRANEH and COPINH, and highlight its responsibility for the consequences of these attacks.

“Sus Vidas son Nuestras Vidas” is Spanish for “Your/Their Lives Are Our Lives”. It has a double meaning when accompanying communities under attack – speaking to them directly as well as denouncing on their behalf, a sentiment that We Are One. We will keep the hashtag in Spanish and encourage people to say the words in their videos.

It is very easy to support this campaign; you can film the videos on a mobile phone, with the following instructions:

HOW DO I FILM THE VIDEO?

1. Place the phone on a stable flat surface or ask someone for help in filming.
2. Film with the phone in a HORIZONTAL position.
3. Place the sign at shoulder level, but without covering the face.
4. It is not necessary for the video to be full-body, it can be from the chest up. What’s important is that your face and the sign are clearly visible.
5. Do not place the phone too far away, so that your voice is clear in the audio recording.

ABOUT THE SIGNS

When you film the video, each person should hold a sign in their hands (it can be cardboard or paper, that is not important), with the following written in large letters:

*(write in capital letters and preferably with a marker so that they are visible in the video)*

#SusVidasSonNuestrasVidas
WHAT SHOULD I SAY IN THE VIDEO?

This is a suggested text:

<table>
<thead>
<tr>
<th>1</th>
<th>The Garifuna and Lenca peoples of Honduras, organized in OFRANEH and COPINH, historically have been victims of violence from a State that is an accomplice of powerful criminal groups.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>In the context of the health crisis, the attacks have become more severe, placing the lives of ancestral and indigenous peoples at risk.</td>
</tr>
<tr>
<td></td>
<td>They have always shown us that we must face a crisis by centering people’s lives and dignity. This is why today we denounce that the State of Honduras not only has done nothing to stop the attacks and protect the lives of the communities, but is also blocking the response work that both organizations carry out to address the pandemic.</td>
</tr>
<tr>
<td></td>
<td>We denounce today to preserve life.</td>
</tr>
<tr>
<td></td>
<td>Let’s struggle alongside COPINH and OFRANEH</td>
</tr>
<tr>
<td></td>
<td>Because “Sus Vidas Son Nuestras Vidas”</td>
</tr>
</tbody>
</table>